

# When Love Is a Lie: Narcissistic Partners & the Pathological Relationship Agenda

By Zari L Ballard



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#### What is the narcissism epidemic?

When our partner is a **narcissist**, only those who've actually experienced the madness will ever understand what we're going through. *When Love Is a Lie* is a straight-up, tell-all book about **narcissism in relationships** that skips the clinical bullshit to focus solely on the personal experience. A narrative that holds nothing back, Zari Ballard's story will educate, enlighten, and empower you to evaluate (and fully understand) the mind-boggling dysfunction in your own relationship. Compare her story to your own and watch what happens. As it has for thousands of abuse victims worldwide, *When Love Is a Lie* is going to resonate with you in ways that no other book about narcissism ever has.

Any relationship involving a person with a narcissistic personality disorder will inevitably take a dark turn. We stay in the relationship thinking we can fix this person or love him/her out of their bad behavior but the truth is that narcissists, sociopaths and psychopaths can never be fixed - not with love, therapy, or any magic pill. Life quickly becomes a roller coaster ride from hell with Lucifer himself at the controls. If that sounds dramatic, then you've never loved a narcissist. If that sounds familiar, then this very special book may just change your life.

When Love Is A Lie breaks down the signs of a narcissistic personality, exposes the narcissist's way of thinking, and explains *exactly* why a partner with a narcissistic personality will....

- ...over time, deliberately and methodically manage down your expectations of the relationship so that you expect less and less and he gets away with more
- ..mimic the appropriate emotions at opportune times to achieve desired results
- ..use the silent treatment, disappearances/reappearances, and other demoralizing (and passive-aggressive) control tactics to punish those who dare to call him/her out on questionable behaviors

- ...create constant narcissistic chaos and turmoil even and especially during the "good" times as a way of keeping you in a heightened state of co-dependent anxiety 24/7
- ..juggle many relationships at once sometimes for years on end with no one being the wiser, not even you

Narcissist abuse is often intentionally passive-aggressive so that we never quite understand what's happening. Friends and family try to be supportive but they simply don't get it. This book, from its very first pages, offers a reprieve from this isolation. *When Love is a Lie* will make you laugh and it may even make you cry but, above all else, it will provide confirmation and validation that YOU are not the problem.

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To read further about narcissism and to speak with Zari one-on-one, visit: thenarcissisticpersonality.com



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#### **Editorial Review**

From the Author

[Also by Zari Ballard: Stop Spinning, Start Breathing (Narcissist Abuse Recovery: Managing the Memories That Keep Us Addicted), Narcissist Free: A Survival Guide for the No-Contact Break-Up, & When Evil Is a Pretty Face (Female Narcissists & the Pathological Relationship Agenda)]

Deliberately non-clinical in content, *When Love Is a Lie* is a book based solely on my personal perspective and experience concerning narcissistic behavior. In other words, readers seeking medical explanations for narcissistic behavior or positive coping strategies for dealing with a narcissistic or psychopathic partner will be disappointed. *When Love Is a Lie* is about recognizing the reality of our situation when we love a narcissist or sociopath... and also about understanding our own codependency to the very drama that we claim to hate. It is my hope that, by demystifying typical narcissistic behavior patterns, we can move away from fear and escape the darkness before too much time has passed. I will outline the logical thought process that, after 12-long years with my own narcissistic abuser, helped me to accept the final discard and mentally let go of the pathological, narcissistic lie. It's a process for which I am most grateful and one that I feel could make a difference to others.

Knowing that passive-aggressive manipulation is, by its very nature, a difficult dynamic to comprehend, I make no attempt to sugarcoat the facts (as I believe many books on narcissism tend to do). That being said, instead of being difficult to write, the book itself - the writing process - was, indeed, very cathartic for me. I know now, of course, that I was simply ready to write it...to expose the pathological relationship agenda and admit to (and discuss) the codependency factor ..... to pass on what I learned from the experience and to share some words of inspiration given to me by some wise women (and men) who had been there, done that. It was, simply, time to make it happen.

If *When Love Is a Lie* succeeds in providing even just a single reader with a validation of her experience and the strength to either stay away or make an escape, then I will have more than exceeded my goals for this little book.

#### About the Author

Zari is a Freelance Writer/Author (and single mom) who resides with her son in Tucson, AZ at the base of the beautiful Catalina Mountains. Born and raised in Rhode Island, Zari, then an aspiring journalist, graduated from Rhode Island College with a B A in Mass Media Communications/English and headed off from the ocean state for a life in the Southwest.

In 2005, when her son's diagnosis with child-onset schizophrenia changed everything, Zari set aside the executive rat race in lieu of a home-based career as a Freelance Writer. A leap of faith that could have gone either way, the choice to work from home was meant-to-be and she has never looked back.

Motivated by the success of *When Love Is a Lie*, Zari has since published three additional books about narcissism in relationships - *Stop Spinning, Start Breathing*, a journal-style workbook about narcissist abuse recovery, *Narcissist Free: A Survival Guide for the No-Contact Break-Up*, and *When Evil Is a Pretty Face*, for male victims of female narcissists. In addition, she will be publishing a memoir about her son's life and recording a podcast series based on her books about narcissism.

For informative articles about narcissism in relationships and the opportunity to communicate with Zari in forum-style conversations, please visit Zari's blog: **TheNarcissisticPersonality.com**.

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#### **Robert Kuehner:**

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