



## Water Can Undermine Your Health

By Dr. Norman W. Walker

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### **Water Can Undermine Your Health** By Dr. Norman W. Walker

Our bodies need from two to four quarts of water each day to maintain good health. This book will show you how to protect yourself and your family from deadly bacteria, viruses, chemicals, and other pollutants that are present in a large percentage of public water supplies. Dr. Walker's treatment of water pollution is revealing, comprehensive, and scientific. His findings and his recommendations for corrective action offer new hope.

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## **Editorial Review**

### **About the Author**

Dr. Norman W. Walker was one of the pioneers of the raw foods movement and is recognized throughout the world as one of the most authoritative voices on life, health and nutrition. Dr. Walker has passed on his secret to a long, healthy, productive life through his internationally famous books on health and nutrition.

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