



## The Lodge Cast Iron Cookbook: A Treasury of Timeless, Delicious Recipes

By The Lodge Company

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### The Lodge Cast Iron Cookbook: A Treasury of Timeless, Delicious Recipes

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Cast iron cooking is back in vogue! From America's most chic restaurants to the countless kitchens of avid home cooks, everyone is rediscovering the joy of cooking with classic cast iron. Cast iron cooking has always been a kitchen favorite with its even heating, great heat retention and its flexibility to go outdoors and grill or cook over an open fire. According to *Esquire* magazine, cast iron cookware "will enrich your eggs and burgers, it's impossible to break and it will last longer than you."

And now with *The Lodge Cast Iron Cookbook*, every cook will learn the simple, savory secrets of cast iron cookery. From the kitchens of Lodge, America's leading manufacturer of cast iron cookware, this unique cookbook offers over 200 mouthwatering recipes. The delectable dishes range from breakfast specials to the secrets of great fried food, to soups and stews, biscuits and baked goods, fish, veggies and finally those sweet finales. And the book features favorite cast iron cooking recipes by well-known cooks such as Bill and Cheryl Jamison, Nick Malgieri and Allison Fishman. Special cooking lessons include cast iron cooking basics and how to enjoy open air cooking and grilling.

This special culinary delight features great cooking stories and intriguing vignettes on the history and legend and lore of cast iron cooking. Each unique recipe, culled from cooks across the country, is illustrated with four-color photography. Published in a special flexible binding, this cookbook will be a keepsake treasured by all cooks.

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### Editorial Review

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Contemporary focus on good, healthy cooking has led to a renaissance of interest in cast-iron pots and pans, the sort that Grandma used so effectively. Today's top chefs swear by cast iron for searing meats and fish, and a well-seasoned, properly maintained cast-iron pan can be nearly as nonstick as any fancy Teflon skillet. Tennessee's Lodge factory has become practically synonymous with cast-iron cookware, so it's consistent that Lodge should generate a cookbook to show off their products' best culinary characteristics. This collection of recipes offers dishes for every family meal, from breakfast through dessert, and includes both stove-top and outdoor cooking. Recipes cover what most will recognize as conventional, unpretentious American home-style food. Since nothing but cast iron produces that inimitable crisp-crunchy brown crust typical of the finest southern cornbread, that topic alone merits its very own chapter. --Mark Knoblach

Review

"Cast Iron cookery IS American cuisine, and Lodge IS cast iron. Therefore, Lodge IS American cuisine."? **Alton Brown**

"There is nothing I own that I use more than my 13 lodge skillet, except maybe my toothbrush."? **Peter Kaminsky, cookbook author and the producer of the Mark Twain Awards**

"The Lodge Sportsman Grill is simply the best hibachi I've found outside of Japan--not to mention one of my favorite grills on Primal Grill."? **Steven Raichlen, cookbook author and host of the PBS cooking show Primal Grill**

About the Author

The Lodge Company, a family-owned, family operated business, makes its home in South Pittsburg, Tennessee -- a tiny community nestled along the Cumberland Plateau of the Appalachian Mountains. Founded in 1896 by Joseph Lodge, Lodge has been manufacturing quality cast-iron cookware for 112 years. It is the only American manufacturer of cast iron cookware, and has been extraordinarily savvy about pleasing its customers. Not forgetting its roots, Lodge still produces unseasoned cast iron products as well as cookware for outdoor and camp cooking. Understanding that tastes change, however, several years ago Lodge developed and introduced a line of pre-seasoned cookware and enameled cast-iron cookware, both of which have been extraordinarily successful. Not even the most expensive stainless and aluminum cookware can rival the even heating, heat retention, durability and value of Lodge Cast Iron. Its legendary cooking performance keeps it on the list of kitchen essentials for great chefs and home kitchens alike. Lodge released a book in 2003, *A Skillet Full*, a self-published book in conjunction with their local historical society and sold over 130,000 copies with limited distribution. The power of the Lodge brand crosses platforms and conjures up memories of home cooking for millions of Americans. Its rich heritage and quality cookware not only offers a nostalgic connection to cooking but transcends multiple generations of savvy cooks.

### Users Review

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**Linda Spaulding:**

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**Blake Nixon:**

Is it you actually who having spare time after that spend it whole day by means of watching television programs or just resting on the bed? Do you need something totally new? This The Lodge Cast Iron Cookbook: A Treasury of Timeless, Delicious Recipes can be the response, oh how comes? The new book you know. You are thus out of date, spending your extra time by reading in this new era is common not a geek activity. So what these ebooks have than the others?

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**Caroline Edwards:**

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