



Memory: Become A Genius and Learn More About Your Brain (Intelligence, Boost Memory, Memory Exercises & Smart Book 2)

By Sherrol Stein, ASH Publishing

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Train Your Brain and Become a Mental Master!

What is memory? How can you improve it?

With *Memory: Become a Genius and Learn More About Your Brain*, you'll learn everything you need to know about your mind. This book explains the differences between short- and long-term memory, the foods you should eat, and how meditation improves your mental power!

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This book teaches you many powerful memory techniques:

- Expanding your attention span
- Being more alert
- Avoiding rote-learning and reading for comprehension
- The power of association
- How to challenge your mind
- Ways to increase your creativity and imagination

and many more!

This book explains how to use Mnemonic Devices like acronyms and acrostics to dramatically increase your memory capacity. You'll amaze your friends and family with fun brain training techniques like "buzzwords" and "input in parts". You'll even learn how to leverage the power of multiple sensory inputs and use tunes and rhymes to maximize your learning potential!

You'll be so glad you gained these powerful tools for sharpening and enhancing your memory!

Hurry! Download *Memory: Become a Genius and Learn More About Your Brain* right away! Just scroll to the top of the page and select the *Buy Button*.

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