



Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions

From Springer Publishing Company

Download now

Read Online 

Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company

Once in a while a book comes along that is both unique and invaluable.... By reading and studying this work, practitioners can enrich the lives of their clients and their own effectiveness. [It] translates theory into practice and transforms mainstream counseling approaches into extremely useful devices for modifying the way clients and counselors function in therapy.

Samuel T. Gladding, PhD

Department of Counseling, Wake Forest University
(From the Foreword)

While traditional "talk" therapies remain at the foundation of counseling, the use of expressive and creative arts in conjunction with these methods can often deepen the healing process as well as expedite diagnosis, treatment and prevention. *Integrating the Expressive Arts into Counseling Practice* is designed to provide readers with an understanding of the ways in which expressive arts counseling techniques can be productively integrated into the leading counseling modalities.

Accessible to students and practitioners alike, it presents field-tested expressive arts interventions within the context of the most commonly taught theoretical orientations, including Cognitive-Behavioral Therapy, Solution-Focused Brief Therapy, Gestalt Theory, Adlerian Theory, Choice Theory, Existential Theory, Feminist Theory, Person-Centered Theory, Narrative Therapy, and Integrative Theory. These chapters include the work of over 40 contributors, including expert practitioners and faculty, who offer detailed descriptions of their own successful expressive arts interventions.

Key Features

- Presents over 50 expressive art interventions in an easy, step-by-step format
- Describes interventions within a framework of 10 commonly used treatment

modalities

- Explains the connection between theory and intervention
- Includes art, writing, drama, music, movement, dance, puppetry, and sandplay activities.
- Discusses appropriate populations, settings, and diagnoses with which to use each intervention

 [Download Integrating the Expressive Arts into Counseling Pr ...pdf](#)

 [Read Online Integrating the Expressive Arts into Counseling ...pdf](#)

Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions

From Springer Publishing Company

Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company

Once in a while a book comes along that is both unique and invaluable.... By reading and studying this work, practitioners can enrich the lives of their clients and their own effectiveness. [It] translates theory into practice and transforms mainstream counseling approaches into extremely useful devices for modifying the way clients and counselors function in therapy.

Samuel T. Gladding, PhD

Department of Counseling, Wake Forest University

(From the Foreword)

While traditional "talk" therapies remain at the foundation of counseling, the use of expressive and creative arts in conjunction with these methods can often deepen the healing process as well as expedite diagnosis, treatment and prevention. *Integrating the Expressive Arts into Counseling Practice* is designed to provide readers with an understanding of the ways in which expressive arts counseling techniques can be productively integrated into the leading counseling modalities.

Accessible to students and practitioners alike, it presents field-tested expressive arts interventions within the context of the most commonly taught theoretical orientations, including Cognitive-Behavioral Therapy, Solution-Focused Brief Therapy, Gestalt Theory, Adlerian Theory, Choice Theory, Existential Theory, Feminist Theory, Person-Centered Theory, Narrative Therapy, and Integrative Theory. These chapters include the work of over 40 contributors, including expert practitioners and faculty, who offer detailed descriptions of their own successful expressive arts interventions.

Key Features

- Presents over 50 expressive art interventions in an easy, step-by-step format
- Describes interventions within a framework of 10 commonly used treatment modalities
- Explains the connection between theory and intervention
- Includes art, writing, drama, music, movement, dance, puppetry, and sandplay activities.
- Discusses appropriate populations, settings, and diagnoses with which to use each intervention

Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company **Bibliography**

- Sales Rank: #225120 in Books
- Published on: 2010-10-27
- Released on: 2010-10-27

- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .70" w x 6.00" l, .90 pounds
- Binding: Paperback
- 310 pages

 [Download Integrating the Expressive Arts into Counseling Pr ...pdf](#)

 [Read Online Integrating the Expressive Arts into Counseling ...pdf](#)

Download and Read Free Online Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company

Editorial Review

From the Back Cover

"

""Once in a while a book comes along that is both unique and invaluable.... By reading and studying this work, practitioners can enrich the lives of their clients and their own effectiveness. [It] translates theory into practice and transforms mainstream counseling approaches into extremely useful devices for modifying the way clients and counselors function in therapy.""Samuel T. Gladding, PhD

Department of Counseling, Wake Forest University

(From the Foreword)

While traditional ""talk"" therapies remain at the foundation of counseling, the use of expressive and creative arts in conjunction with these methods can often deepen the healing process as well as expedite diagnosis, treatment and prevention. "Integrating the Expressive Arts into Counseling Practice" is designed to provide readers with an understanding of the ways in which expressive arts counseling techniques can be productively integrated into the leading counseling modalities.

Accessible to students and practitioners alike, it presents field-tested expressive arts interventions within the context of the most commonly taught theoretical orientations, including Cognitive-Behavioral Therapy, Solution-Focused Brief Therapy, Gestalt Theory, Adlerian Theory, Choice Theory, Existential Theory, Feminist Theory, Person-Centered Theory, Narrative Therapy, and Integrative Theory. These chapters include the work of over 40 contributors, including expert practitioners and faculty, who offer detailed descriptions of their own successful expressive arts interventions. Key Features

- Presents over 50 expressive art interventions in an easy, step-by-step format
- Describes interventions within a framework of 10 commonly used treatment modalities
- Explains the connection between theory and intervention
- Includes art, writing, drama, music, movement, dance, puppetry, and sandplay activities.
- Discusses appropriate populations, settings, and diagnoses with which to use each intervention

"

About the Author

Suzanne Degges-White, PhD, LPC, LMHC, NCC, is a licensed counselor and professor and chair of the Department of Counseling, Adult and Higher Education at Northern Illinois University. She is the coauthor of three books that all touch on the ways in which relationships play out across the life span. These include her most recent book, *Toxic Friendships: Knowing the Rules and Dealing With the Friends Who Break Them* (Rowman & Littlefield, 2015); *Mothers and Daughters: Living, Loving and Learning Over a Lifetime* (Rowman & Littlefield, 2014); and *Friends Forever: How Girls and Women Forge Lasting Relationships* (Rowman & Littlefield, 2011). Suzanne has also coedited four books addressing clinical counseling practice and innovative counseling interventions.

Users Review

From reader reviews:

Louise Best:

Book is to be different for every single grade. Book for children till adult are different content. As you may know that book is very important for people. The book Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions has been making you to know about other information and of course you can take more information. It is very advantages for you. The publication Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions is not only giving you a lot more new information but also being your friend when you truly feel bored. You can spend your own spend time to read your reserve. Try to make relationship with all the book Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions. You never really feel lose out for everything if you read some books.

Paul Frazier:

Now a day people who Living in the era exactly where everything reachable by match the internet and the resources included can be true or not call for people to be aware of each data they get. How individuals to be smart in getting any information nowadays? Of course the answer is reading a book. Looking at a book can help persons out of this uncertainty Information mainly this Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions book since this book offers you rich facts and knowledge. Of course the information in this book hundred per-cent guarantees there is no doubt in it you may already know.

Pearl Dyson:

Nowadays reading books become more than want or need but also get a life style. This reading routine give you lot of advantages. Advantages you got of course the knowledge even the information inside the book this improve your knowledge and information. The data you get based on what kind of book you read, if you want drive more knowledge just go with training books but if you want feel happy read one together with theme for entertaining such as comic or novel. Typically the Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions is kind of publication which is giving the reader erratic experience.

Megan Kelly:

On this era which is the greater individual or who has ability to do something more are more precious than other. Do you want to become one of it? It is just simple strategy to have that. What you should do is just spending your time little but quite enough to enjoy a look at some books. One of several books in the top collection in your reading list is Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions. This book which is qualified as The Hungry Slopes can get you closer in turning out to be precious person. By looking right up and review this guide you can get many advantages.

**Download and Read Online Integrating the Expressive Arts into
Counseling Practice: Theory-Based Interventions From Springer
Publishing Company #HTK2XJ41V87**

Read Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company for online ebook

Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company books to read online.

Online Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company ebook PDF download

Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company Doc

Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company Mobipocket

Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company EPub

HTK2XJ41V87: Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions From Springer Publishing Company