



When Nothing Works Try Doing Nothing: How Learning to Let Go Will Get You Where You Want to Go

By Frank J. Kinslow

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When Nothing Works Try Doing Nothing: How Learning to Let Go Will Get You Where You Want to Go By Frank J. Kinslow

Nothing is the Perfect Teacher

It teaches by example. It is non-threatening, peaceful and tolerant. It holds no grudges and never feels guilty. Always present, it never worries about the future or the past. Nothing is counterbalance to the insanely hectic lives we lead. It will make you happier, healthier, and more successful.

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Based on the latest scientific thinking, this groundbreaking book will introduce you to the extraordinary benefits of doing nothing. Within these pages a new philosophy of human potential is born. When you explore this philosophy you will find it answers many questions that may have puzzled you personally, and humankind as a whole. When you practice the techniques you will experience improved health, greater fulfillment of your talents and potentialities, and a longer, more rewarding life.

Get Results from Your Very First Experience

You will learn ten practical and immediately effective techniques that require little effort, no knowledge, no mind, no emotions, and not even the belief in the process itself. Results begin immediately and continue to grow long after this book is set aside. Written as if you are right there with him, Dr. Kinslow will enlighten and inspire you to the joys, the possibilities, and the power of doing nothing.

In your hand you hold the answers to these questions:

- Why is happiness so hard to hold on to?
- Can positive thinking actually be negative?
- What can I do to form a perfect relationship?
- Can suffering be reduced or eliminated?

- How can the three phases of transformation enrich my life?
- Is there such a thing as universal love?
- Can I really turn my life around in just 90 days?

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