



The Grit Cookbook: World-Wise, Down-Home Recipes

By Jessica Greene, Ted Hafer

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The Grit, located in the quintessential boho town of Athens, Georgia, is known far and wide as the touring musicians' restaurant of choice. This classic cookbook features 150 of The Grit's most requested recipes, including 20 new recipes to celebrate the 20th anniversary of this famous establishment. True to its Southern roots, this hip vegetarian eatery combines soul-food sensibility with meatless cuisine, and while there are plenty of Italian, Indian, Mexican, and Middle Eastern favorites to satisfy the well-traveled vegetarian, the heart of this cuisine maintains the down-home, soul-food feeling of simple foods and classic combinations that are guaranteed to please.

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- Sales Rank: #321474 in Books
- Published on: 2006-11-01
- Original language: English
- Number of items: 1
- Dimensions: 8.00" h x .48" w x 8.50" l, .74 pounds
- Binding: Paperback
- 192 pages

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Editorial Review

Review

"The Grit has a far-flung reputation as the indie-rock Moosewood." —*The New Yorker*

"A hip eatery that lets you fill up without emptying your pockets." —CNN.com

"Whenever I visit my old stomping grounds in Athens, my first stop is always The Grit!" —Kate Pierson, The B-52's

"One of my favorite restaurants.... I am so happy to now have a wonderful cookbook with all their great recipes." —Marianne Rogers, *Hee Haw* star

About the Author

Jessica Greene and **Ted Hafer** are the owner-operators of the beloved vegetarian restaurant The Grit.

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Harold Sparkman:

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