



Luminous Night's Journey: An Autobiographical Fragment

By A. H. Almaas

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In *Luminous Night's Journey*, Almaas shares excerpts from his personal journal, which describe a certain thread in his own journey of realization and the processes involved in integrating that realization. This publication marks a fortunate development in our knowledge of how Being is realized in and through the human soul: The process of realization and integration of true nature described in the voice of one who articulates precisely and vividly the psychological and epistemological barriers which confront the individual consciousness as realization is integrated in the context of personal life.

Almaas describes how his participation in the unfolding manifestation of Being ushers him into realms that expose and transform increasingly deep ego structures and attachments. *Luminous Night's Journey* clarifies how the unveiling of Being and the exposure of ego structures constitute one process, leading to the soul's integrated realization of absolute nature and the manifestation of the human being as a personal embodiment of that nature.

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Editorial Review

About the Author

A. H. Almaas is the pen name of Hameed Ali, the Kuwaiti-born originator of the Diamond Approach, who has been guiding individuals and groups in Colorado, California, and Europe since 1976. He is the author of Spacecrusier Inquiry, The Pearl Beyond Price, Facets of Unity, and other books.

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Judith Judd:

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