



The Breakup Book: A Girl's Guide to Putting the Pieces Back Together (Teens & Young Adults)

By Diane Mastromarino

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THE SCENARIO: We will call them Boy and Girl, because the pain, the heartache, the insanity, and the ultimate survival (believe it or not) ARE universal.

Boy breaks up with Girl. Girl is very sad. Boy is sad that Girl is sad, but not that sad. Girl contemplates hibernation, the possible move to another country, pitching a tent outside his house, and calling his mother to have her intervene. In the mass of this confusion, somewhere in between the words "It's not you, it's me..." and "I'd really like to still be friends....," all the options seem sane to Girl. To Boy... not so much.

THE SOLUTION: Girl's life has changed drastically. She has taken on the role of a single female, and though this idea seems frightening at first, with the help of THE BREAKUP BOOK, Girl will soon be on her way to a new beginning.

This book offers the reassurance of an old friend, the consolation of a bowl of chocolate fudge swirl, and the comfort of flannel pajamas, all in one package. From the very first moments of shock to the final stages of acceptance, Girl will experience the advice and guidance needed to get on with her life. And in the end, Girl will find herself single and loving it -- a lone goddess in complete control of her kingdom. She will have no one to thank but Boy for breaking her heart and giving her the chance to put the pieces back together... better than before.

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The Breakup Book: A Girl's Guide to Putting the Pieces Back Together (Teens & Young Adults) By Diane Mastromarino Bibliography

- Sales Rank: #1094599 in Books
- Brand: Brand: Blue Mountain Arts
- Published on: 2002-11
- Original language: English
- Number of items: 1
- Dimensions: .27" h x 5.96" w x 8.62" l,
- Binding: Paperback
- 64 pages



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