



Orthopaedic Rehabilitation of the Athlete: Getting Back in the Game, 1e

By Bruce Reider AB MD, George Davies PT DPT MEd SCS ATC LAT CSCS PES FAPTA, Matthew T Provencher MD

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Prevent athletic injuries and promote optimal recovery with the evidence-based guidelines and protocols inside *Orthopaedic Rehabilitation of the Athlete!* Practical, expert guidance; a templated, user-friendly format; and online videos of key rehabilitation exercises make this rehab reference **ideal for any practitioner working with athletes!** "The book makes a useful contribution and may also be useful to novice learners". **Reviewed by:** Kevin Brownhill, The British School of Osteopathy and osteopath in private practice **Date:** July 2015

- **Apply targeted, evidence-based strategies for all internationally popular athletic activities**, including those enjoyed by older adults.
- **Ensure optimal care** from injury prevention through follow up 2 years post injury.
- **Make safe recommendations for non-chemical performance enhancement.**
- **Access the complete contents online at www.expertconsult.com**, along with downloadable patient handouts, rehabilitation videos, and more.

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Editorial Review

Review

"This is a substantial work, aimed at rehabilitation clinicians who work with athletes recovering from injury and surgery. Purchasing the book allows access to a version of the book through a smartphone app (Android or iOS), as well as to a web version.

The book makes a useful contribution and may also be useful to novice learners". **Reviewed by:** Kevin Brownhill, The British School of Osteopathy and osteopath in private practice **Date:** July 2015

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