



Acupuncture Energetics: A Clinical Approach for Physicians

By Joseph M. Helms

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This book offers pragmatic and clinically useful information for physicians seeking to integrate acupuncture into their medical practices. It blends contemporary biomedical principles with traditional concepts of channels that circulate energy, or Qi, throughout the body.

Beginning with the history and science of acupuncture, the book takes you through anatomy, physiology, pathology, examination and diagnosis, point location, and basic and advanced treatments. You will read about proven techniques for treating musculoskeletal pain, migraines, gastrointestinal conditions, substance abuse, and more. Detailed case studies bring content to life and help you provide optimal patient care. The text also contains high-quality, labeled photographs and illustrations for clear localization of channels and points.

Physicians in all specialties who want to expand their practice with acupuncture will find this text an ideal learning tool and reference. It is also a must for TCM practitioners looking for a more versatile acupuncture approach, as well as anyone interested in a comprehensive and scientifically based survey of this effective therapeutic modality.

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Editorial Review

From the Back Cover

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About the Author

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