



Practical Solitary Magic

By Nancy B. Watson

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Many students don't want to be tied to a particular group or spiritual tradition, but prefer to search, experiment, and grow on their own; this book is perfect for these people. Watson discusses the principles that underlie magical practice in a very easy-to-understand manner. She includes information on affirmations, visualization, spiritual practices, folk magic, and ritual. Safety measures and ethical considerations are stressed throughout.

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