

Diary of a Psychic: Shattering the Myths


By Sonia Choquette


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Editorial Review

From [Booklist](#)

What's it like to be a psychic? Choquette, a spiritual teacher and the author of several books on psychic development, gives readers an inside look at what psychics do and how they feel about it. Choquette's take is particularly interesting because she developed her abilities so early--by the time she was a teenager, she was already giving readings in her home. Writing with warmth and a sense of humor, she also makes clear that many times what she was experiencing psychically outstripped her chronological age; sometimes readers may wonder if her mother (also psychic) let her do too much. Only as she grew older, studied more, and grew comfortable with her abilities was Choquette able to use her gift to the fullest. Tucked into the narrative are useful suggestions for people who wish to develop their own psychic abilities. A good choice for readers of Sylvia Brown or James Van Praagh. *Ilene Cooper*

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Review

A master spiritual teacher...(Choquette) shares her recipe for living in a series of clear, simple, doable steps ... over and over, for soul hunger, it is to Choquette's work that I send people who genuinely want their own lives to alter and expand. -- Julia Cameron, author of *The Artist's Way* A riveting read *Spirit & Destiny*

About the Author

Sonia Choquette, a world-renowned intuitive guide and spiritual teacher, is the author of 19 international best-selling books, including the New York Times bestseller *The Answer Is Simple . . .*; as well as numerous audio programs and card decks. Sonia was educated at the University of Denver and the Sorbonne in Paris, and holds a Ph.D. in metaphysics from the American Institute of Holistic Theology.

Users Review

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