



# Space Psychology and Psychiatry (Space Technology Library)

By Nick Kanas, Dietrich Manzey

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The first edition of this book was voted Winner of the 2004 International Academy of Astronautics Life Sciences Award. The second edition deals with psychological, psychiatric, and psychosocial issues that affect people who live and work in space. Unlike other books that focus on anecdotal reports and ground-based simulation studies, this book emphasizes the findings from psychological research conducted during actual space missions. Both authors have been active in such research.

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## **Editorial Review**

### Review

#### Reviews 1st edition:

"This book is not just a record of what can go wrong with regard to mental health and performance, but explores a number of prudent psychological, ergonomic, and design engineering countermeasures to help guide future mission planners and spacecraft engineers[...]Written in a clear and engaging style, this book will not only interest the general space enthusiast, but all human factors specialists and anyone else studying the human reaction to extreme and unusual environments. As a comprehensive account of what we have learned so far about the psychological challenges of space travel, **Space Psychology and Psychiatry** should also be on the bookshelf of any researcher plotting the future course of human spaceflight."

*(Ergonomics in Design)*

"This slim volume contains almost all that one could possibly want to know about current issues regarding the psychology of human space exploration. This is an extremely important book, particularly with a manned U.S. mission to Mars planned for the near future.

This impressive book is an essential step on the way to communicating an understanding of these issues to a wider audience. It deserves to be in the library of anyone interested in space exploration and space science, and may well serve as an essential textbook in the field.

The book may serve as a textbook for researchers but should also appeal to a wider, nonprofessional audience."

*David W. Brook, M.D., Professor of Psychiatry, New York University School of Medicine.*

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