



# School Crisis Survival Guide: Management Techniques and Materials for Counselors and Administrators

By Suni Petersen, Ron L. Straub

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Here are hundreds of step-by-step guidelines, strategies, and working plans for helping students in grades K-12 overcome any kind of crisis or tragedy, including personal losses, tragic accidents, a terminally ill classmate, suicide, violence, and natural disasters. Plus, this complete and comprehensive resource includes reproducible activity sheets for counselors and teachers to use at different stages of a child's recovery -- activities that will help put children in touch with their feelings, identify problems, and ease their healing.

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### Editorial Review

From the Back Cover

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- **Planning for Crisis:** Section 1 explains why every school needs a crisis plan and shows you how to form an effective crisis team
- **The Crisis Team in Motion:** Section 2 gives you step-by-step guidelines for developing and administering a specific crisis plan to fit your school's needs — from setting up a student counseling program to dealing with the media and preparing memorial day services.
- **Crisis Counseling:** Section 3 provides in-depth information on the impact of crisis and death on faculty and students of all ages, including what you need to know about Post-Traumatic Stress Disorder and its prevention.
- **Activities for the Resolution of Trauma and Grief:** Section 4 provides a wide variety of individual and group activities for all age groups to help overcome different stages of traumatic reaction. Activities include *Releasing Anger in Constructive Ways ... Helping Students Deal with Fear ...* and *Helping Students through Denial*.
- **Special Concerns for Specific Crises:** The last section presents specific ways of handling such crises as suicide, natural disaster, violence, and death, and includes steps for prevention of these crises and ways of dealing with the associated trauma and grief.

About the Author

Suni Petersen is a licensed medical health counselor who has specialized in family therapy for over 13 years. Ms. Petersen has designed crisis plans for a number of school districts and has developed expertise in the areas of crises and death through her work with seriously and terminally ill clients.

Ronald L. Straub, a counselor, has a Bachelor's degree in Philosophy and a Master's in Divinity. Mr. Straub has taught high school, provided support to dying hospital patients, and worked as an alcohol counselor.

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