



ALPHA MALE: The 40 Laws of the Alpha Male: How to Dominate Life, Attract Women, and Achieve Massive Success (Confidence, Charisma, Men's Health, Attract ... Confidence, Self Discipline, Motivational)

By Sean Lysaght

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Do You Possess Any of These Traits?

- Extremely Anxious at Parties
- Shy Around Women
- People Never Listen to You
- Lack the Ability to Fully Express Yourself
- Take Jokes Too Seriously
- Constantly in the Dreaded Friend Zone
- Neurotic Approval Seeking

- Follower

Any of These Sound Familiar? If they do, then there is work to be done. For a long time I found myself possessing the majority of those traits. I thought, "This is just who I am. I can't change that." Wrong. Most of these traits were handed to me, and probably you too, without request. With the way our society is organized (media, school, parents, etc.) these character traits proliferate. However, it wasn't until I started Un-Learning, that I truly became the well-rounded confident man I am today. Free and Fulfilled in ways you can't currently imagine.

But You Will Be Able to Soon...

Here's What You'll Learn...

- What is an Alpha Male? A Modern Perspective
- The Psychology of the Alpha
- How Society Encourages Man-Children
- What Does True Comfort Look Like?
- Grounded: Finding Your Strength
- Women: Bringing Out the Masculine Energy
- Killing Your Father: Becoming the Man
- Leading Your Tribe: Where it All Started
- How to Instantly Increase Your Confidence
- And Much, Much More!

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The principles you will learn in this book are VERY powerful! When properly and consistently implemented, I've seen some of the most Beta guys turn their entire life around in no time. This is very potent stuff, but it requires an action taker to make it work. As the saying goes, I can only show you the door, you have to walk through it.

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From reader reviews:

Benjamin Ward:

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Thelma Burke:

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