



The Gastronomical Me

By M. F. K. Fisher

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In 1929, a newly married M.F.K. Fisher said goodbye to a milquetoast American culinary upbringing and sailed with her husband to Dijon, where she tasted real French cooking for the first time. *The Gastronomical Me* is a chronicle of her passionate embrace of a whole new way of eating, drinking, and celebrating the senses. As she recounts memorable meals shared with an assortment of eccentric and fascinating characters, set against a backdrop of mounting pre-war tensions, we witness the formation not only of her taste but of her character and her prodigious talent.

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Editorial Review

Amazon.com Review

M. F. K. Fisher sees life stomach first. *The New York Times* said "She spit Puritan restraint out like a dull wine and made a life of savoring the slow, sensual pleasures of the table." And between meals, she savored the pleasures of men and travel, too. She recalls California in 1912, life in France in the 1930s, and traveling solo to Mexico in 1941. Her first oyster is a beautiful story, about adolescence and the glory of the briny mollusk, and her humor is as forthright as her taste at table.

Review

"I do not know of any one in the United States who writes better prose." ?*W.H. Auden*

"Poet of the appetites." ?*John Updike*

"Because *The Gastronomical Me* is autobiographical, following Mrs. Fisher from childhood to widowhood in different countries, we are able to see its food not only as a matter of personal taste, but as a perpetual emotional and social force within a life. Here are meals as seductions, educations, diplomacies, communions. Unique among the classics of gastronomic writing, with its glamorous but not glamorized settings, its wartime drama and its powerful love story, *The Gastronomical Me* is a book about adult loss, survival, and love." ?*Patricia Storace, The New York Review of Books*

"She writes about fleeting tastes and feasts vividly, excitingly, sensuously, exquisitely. There is almost a wicked thrill in following her uninhibited track through the glories of the good life." ?*James Beard*

"She writes about food as others do about love, but rather better." ?*Clifton Fadiman*

About the Author

M. F. K. Fisher is the author of sixteen books of essays and reminiscences, many of which have become American classics. In 1991, she was elected to the American Academy and Institute of Arts and Letters. She died in 1992.

Users Review

From reader reviews:

William Fuller:

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Nicole Powell:

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