



Review of Sleep Medicine: Expert Consult - Online and Print, 3e

By Alon Y. Avidan MD MPH, Teri J. Barkoukis MD

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Review of Sleep Medicine, by Drs. Alon Avidan and Teri Barkoukis, prepares you for the ABSM exam with a comprehensive review-and-test format that includes figures, tables, and lists highlighting key points. With content revised to match the new exam and updated coverage of pharmacology and sleep medicine, insomnias, parasomnias, sleep-related breathing disorders, and more, you'll stay current on recent developments in the field. The text is fully searchable online at www.expertconsult.com, along with links to PubMed, and features more than 600 interactive questions and answers in study and timed practice modes, making this the ideal resource for ABSM exam preparation.

- Effectively prepare for the ABMS sleep exam using case-based multiple-choice and fact-testing questions that parallel those on the test.
- Identify the reasoning behind each answer with comprehensive explanations so you know how to think logically about the problems.
- Quickly review crucial material with succinct summaries of all aspects of working with the sleep disordered patient.
- Master the content tested on the exam through explanatory high-yield tables and charts, sleep stage scoring, and an artifacts and arrhythmias mini-atlas.
- Tap into the expertise of a multidisciplinary team of recognized leaders ranging from world-renowned sleep researchers to sleep clinicians and educators.
- Robust online package includes:
 - More than 600 ABSM-focused interactive questions with answers in study and timed practice modes
 - Fully searchable text
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- Updated coverage of the latest advances in sleep medicine for pharmacology, tools in clinical sleep medicine, sleep disorders, and much more.
- Brand new chapters in:
 - Sleep Breathing Disorders
 - Cardiovascular Pathophysiology
 - Evaluating Epilepsy

- Pearls of Pediatric Sleep
- Cardiopulmonary Disorders
- Neurological Sleep Disorders
- Sleep-Wake Disorders
- Clinical Case Studies II
- Knowing Practice Parameters

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Editorial Review

Review

"Although targeted at physicians who are preparing to take the ABSM certification exam, the book is also a useful resource for other healthcare professionals who serve clients in a medical setting that treats sleep disorders. This is a pandect on sleep medicine. It undoubtedly ranks as one of the best test preparation guides for those who are preparing to take the ABSM exam." - Maureen Smith, MS, RN, APN-RC, Rush University Medical Center (5 Star Doody Rating)

About the Author

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