



Puerto Rico True Flavors

By Chef Wilo Benet

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Authentic Puerto Rican food recipes, updated for the 21st century home cook by San Juan's award-winning chef, restaurateur, television personality and author Wilo Benet. Chef Benet provides traditional recipes for everything from Alcapurrias (Stuffed Yautia Fritters) and Arañitas (Plantain Spiders) to Piñon (Ripe Plantain and Beef Lasagna) and Pernil (Roast Pork Buttl.) The 'bible' of Puerto Rican cooking, with a pictorial 'how-to' section, ingredient glossary and more. Spanish edition also available (Puerto Rico Sabor Criollo)... see separate listing.

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Editorial Review

Review

Wilo Benet blew me away at first meeting: he is an exciting innovator in Puerto Rican cuisine. True Flavors is more than a terrific collection of recipes; it is a guide into the very heart of Puerto Rico's amazing cuisine. True Flavors is a classic. --Juliette Rossant, author of Super Chef

His light and refreshing interpretations of the traditional recipes of Puerto Rico make them accessible and inspiring for today's home cook. This inspiring book is filled with Chef Benet's infectious enthusiasm and the stunningly beautiful photographs are a feast for the eyes. --Chef Michael Lomonaco, Porter House, NY

Wilo Benet is one of the great chefs of Puerto Rico and in this book he brings the world of traditional Puerto Rican flavors and dishes into your home. ... His comprehensive collection (allows you) to experiment with and experience all the true flavors of Puerto Rico. --Chef Eric Ropert, Le Bernardin, New York

About the Author

Wilo Benet is an award-winning Puerto Rican chef whose flagship restaurant, Pikayo, is a magnet for culinary trips to the island. He has appeared at the James Beard Foundation; Aspen Food Festival; tv's Food Channel and has been featured in the New York Times, Conde Nast Traveler, Gourmet Magazine for his Latino Cuisine.

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