



Protocol Guide for Neurofeedback Clinicians

By Susan F. Othmer - EEG Institute

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In this Fifth Edition of the Protocol Guide, neurofeedback clinicians can learn about optimizing assessment and training with Infra-Low Frequency HD, Alpha-Theta and Synchrony neurofeedback - resulting in greater success with disorders ranging from autism to migraines to PTSD.

We continually refine our neurofeedback training and assessment methods based on optimization of clinical effects. With our new 2 channel Infra-Low HD application and new lower reward frequency range, we are now achieving consistently stronger training effects, especially for severe and chronic conditions.

From clinical practices to forward operating bases in Afghanistan, the Protocol Guide is the roadmap for the most effective work in neurofeedback.

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Editorial Review

Review

The Othmer Method has become integral to my therapeutic practice. It is an invaluable technique for dealing with a wide range of clinical conditions. The Protocol Guide has a permanent place on my desk and I use it frequently. --Lina Guertin, MD, MBA, Diplomate of the American Board of Psychiatry and Neurology

About the Author

Over the last 30 years, Susan Othmer has worked personally with thousands of clients and supervised hundreds of clinicians. She has trained over five thousand professionals - the majority of the Neurofeedback field - in The Othmer Method, her symptom-based, client-centered approach. The Protocol Guide conveys this expertise in a straightforward and easy to reference manual that allows clinicians to understand and follow this same set of guidelines in their own work.

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