

Handbook of Personality Development

From Psychology Press



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This handbook is the first volume to provide a comprehensive look at personality development. It features a state-of-the-art examination of the field, an area that is enjoying a resurgence in popularity. Five major types of advances, all of which are represented in this volume, are the result of the recent burst in research activity in this area: 1) new theoretical perspectives, 2) higher-quality empirical studies, 3) more sophisticated research designs and analyses, 4) attention to development across the lifespan, and 5) the growing prominence of interdisciplinary approaches to personality development.

The Handbook of Personality Development is comprehensive across the lifespan, in its range of personality constructs, and in its coverage of theoretical and methodological frameworks. It is the first volume to address the most important personality development theoretical frameworks in one location--the evolutionary, physiological, behavioral genetic, and socio-cultural perspectives. The book also reviews new statistical techniques that allow for the estimation of individual differences in stability and the analysis of change. The latter part of the book focuses on personality development over the lifespan, from infancy to older adulthood. The authors address personality variables such as emotion regulation, temperament, and self-concept across the lifespan. The book concludes with a compelling capstone chapter by Dan McAdams on how personality develops. The Handbook of Personality Development provides an historical account of, and summary of, the most significant and important findings in the area, along with suggestions for future research.

Intended for researchers and advanced students in personality, developmental, social, clinical, and educational psychology, as well as related fields such as family studies, sociology, education, nursing, behavioral genetics, neuropsychology, and psychophysiology, the handbook also serves as a valuable resource in advanced courses that address personality development.



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Editorial Review

Review

"Written by developmental psychologists, this handbook provides a thorough overview of the state of the field of personality development....the book assumes a sophisticated understanding of personality theory. Highly recommended."

?CHOICE

"There is much to learn in paging through the 'Handbook,' and Mroczek and Little have provided an important service in bringing such a talented group of authors together."

?PsycCRITIQUES

"This handbook does a very fine job of conveying the current excitement and progress in the scientific study of personality development...The editors have done an excellent job of assembling some of the strongest and most articulate spokespersons for the major developments in the field today."

?Dan P. McAdams

From the capstone chapter of the Handbook of Personality Development

"There is rising interest in the topic, and ... there is no single volume that addresses it as fully." ?Robert R. McCrae, Ph.D.

National Institute on Aging

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