

Two-Brain Business: Grow Your Gym (Volume 1)

By Chris Cooper


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Whether you own a garage gym, a CrossFit Box, or a martial-arts studio, Two-Brain Business can help you get running, get organized, and get members; keep people happier, and make more time for yourself. Chris Cooper of TwoBrainBusiness.com shows you how!

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Editorial Review

About the Author

Chris Cooper owns Catalyst Fitness in Ontario. One of the first gyms in North America to receive direct insurance funding, Catalyst maintains a retention rate of 93%. Chris has written DontBuyAds.com, for Garage Gym owners, since 2008, and has been the Business Mentor for gyms since 2012. Chris lives on his Sylvan Valley farm with his wife, Robin, and two kids.

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