

# The Wealth Chef: Recipes to Make Your Money Work Hard, So You Don't Have To

By Ann Wilson



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International finance coach Ann Wilson is known as the Wealth Chef because of her ability to help people cook up monetary success. In this previously self-published book, Ann has laid out a step-by-step guide to creating financial freedom. In its pages, readers will find five recipes for wealth that helped Ann go from having nothing to becoming a multimillionaire. These recipes reveal the secrets to:

- Becoming debt-free while simultaneously generating wealth
- Getting your "wealth accelerators" working
- Increasing your quality of life while reducing your expenses
- Focusing on personal goals and tracking successes for rapid results

Ann takes what she's learned from her own life and from teaching around the world—from Africa, to Asia, to Australia, to America, to Europe—and gives readers an in-depth yet manageable plan and tested principles to improve their relationship with money.

Simply put, she shows readers how to become financially savvy and build wealth starting immediately. They realize they can create financial freedom and live their dream life now, feeling empowered to throw away the old recipe for success: mix together one secure job with a lifelong portion of hard work and sacrifice to hopefully live the dream life after retirement. Why wait? With the practices and techniques Ann presents here they don't have to!

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