

Living with the Himalayan Masters: Spiritual **Experiences of Swami Rama**

By Swami Rama



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Ordained a monk at a young age by a great sage of the Himalayas, Swami Rama was involved in a learning journey from monasteries to caves, studying and living with more than a hundred sages in the solitude of the Himalaya Mountains and the plains of India. Among those with whom he studied were Tagore, Mahatma Gandhi, Sri Aurobindo, and Ramana Maharshi. In this collection of stories, Swami Rama relates his experiences with the great teachers who guided his life.



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Living with the Himalayan Masters: Spiritual Experiences of Swami Rama By Swami Rama Bibliography

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Editorial Review

From Library Journal

The late Sri Swami Rama recalls his own spiritual journey in this memoir. Using specific incidents to illustrate spiritual truths, he presents a practical guide for those embarking on the Hindu path of enlightenment. Descriptions of rather incredulous occurrences such as levitating may tend to obscure the relatively mundane disciplines of fasting, meditation, and prayer. A few of the incidents recalled involve Gandhi, offering a different view of him than we normally see. D.C. Rao's reading improves as the work progresses; by the time he is warmed up, we are treated to a lively and energetic performance that reflects the sincerity and humanity of the author. Libraries with a high demand for New Age materials will want this as well as any needing works on Hindu practices. AMichael T. Fein, Catawba Valley Community Coll., Hickory, NC

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Review

"A complete and practical guide to the foundations of the spiritual journey ... The vividness of the stories is absorbing, allowing them to be read over and over again." -- New Age Book Review

"A very spirited book ... on a par with that other great classic, Autobiography of a Yogi ...It is a remarkable work." -- The Illustrated Weekly of India

"An inspirational and instructional work, it is a sheer pleasure to read ... offers the purest spiritual teachings in entertaining and dramatic form ... is a classic in modern yogi literature." -- John White, Editor of What Is Enlightenment?

"I recommend this valuation by a fully competent modern sage, a representative of Indian wisdom." -- Franklin Merrell-Wolf, Author of Pathways Through to Space

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Alicia Cain:

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