



Bergin and Garfield's Handbook of Psychotherapy and Behavior Change

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- Research in naturalistic settings that capitalizes on the curiosity of providers of

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Editorial Review

Review

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"This is clearly not a book you will open and skim through, but you definitely would want to own. Like the other 5 classic volumes before it, you will consult it time and time again. In the more than 1300 pages of this 6th edition of the Handbook, you will find a compilation of reviews that bring you up to date on virtually all the therapy research that has been carried in the past decade. As either researcher or clinician living in the contemporary world of accountability, this invaluable edition of the Handbook is a must for one's professional library."

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About the Author

MICHAEL J. LAMBERT, PhD, holds an Endowed Chair in Psychology at Brigham Young University where he teaches several clinical psychology courses while maintaining a private practice. His research, conducted over more than thirty years, emphasizes psychotherapy outcome, process, and the measurement of change. He is the coauthor of the *Outcome Questionnaire*, a measure of treatment effects.

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