



# Behavior Change in the Human Services: An Introduction to Principles and Applications

*By Martin Sundel, Sandra S. Sundel*

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- Sales Rank: #4191607 in Books
- Brand: Brand: SAGE Publications, Inc
- Published on: 1999-02-17
- Original language: English
- Number of items: 1
- Dimensions: 9.25" h x .80" w x 7.52" l,
- Binding: Paperback
- 384 pages

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### **Editorial Review**

#### About the Author

**Martin Sundel** is the director of Clinical Services for Sun Family Care, a company that provides care management and counseling to older adults. He was the Dulak Professor of Social Work at the University of Texas at Arlington and also served on the faculties of the University of Michigan, the University of Louisville, and Florida International University. He holds a PhD in social work and psychology from the University of Michigan and was a postdoctoral fellow at the Laboratory of Community Psychiatry at Harvard Medical School. He is a Charter Clinical Fellow of the Behavior Therapy and Research Society and has been recognized as a pioneer in introducing behavior therapy in Latin America. He has published extensively on the application of behavioral science knowledge to the helping professions. An avid table tennis player, he has won three national championships and silver and bronze medals in international tournaments.

**Sandra S. Sundel** is the president and CEO of Sun Family Care. She was formerly on the social work faculty at Florida Atlantic University. She was executive director of family service agencies in Florida and Texas, and also served as executive director of group homes for adults with developmental disabilities in Texas. She holds an MSSW from the University of Louisville and a PhD in clinical social work from the University of Texas at Arlington. She has taught courses in social work practice, behavior therapy, interpersonal communication, and group work, and has conducted numerous workshops and seminars. She has consulted with corporations, government agencies, and nonprofit organizations on organizational behavior management and interpersonal communication in the workplace. As mental health consultants to the United Nations High Commissioner for Refugees (UNHCR) in Cyprus, Sandra and Martin designed and implemented a psychosocial rehabilitation project to foster collaborative relationships between Greek and Turkish Cypriots.

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