



Why Romantic Relationships Fail: How Emotions, Behavior, and Personality Types Influence Romantic Relationships

By M.D., Ghazi Asaad

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This timely book explores the complicated world of romantic relationships and offers a comprehensive analysis of situations that lead to the breakdown of relationships and marriages. It examines the origins of love and hate and reviews several psychodynamic theories as well as modern research findings in an attempt to understand the complexities of human behavior and emotions as they influence romantic relationships. The book describes various mental conditions, sexual disorders and personality types and explains the roles such conditions play in romantic relationships. Several actual case examples are presented, and chapters on abusive relationships, marriage, divorce, cohabitation, and romantic relationships among gay men and lesbians are included. This book provides ideas and tips that can help individuals struggling with relationship conflicts learn from past mistakes, move forward beyond their disappointment, and look toward a new beginning of a successful relationship. This book can also be a useful resource for psychotherapists and couple counselors as they work with their clients.

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Editorial Review

About the Author

Dr. Asaad is a practicing psychiatrist, certified by The American Board of Psychiatry and Neurology. He is director of Behavioral Medicine & Counseling Center in Danbury, Connecticut. He is an author who has published other books and several scientific papers in the field of Mental Health.

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