



The Adolescent Athlete: A Practical Approach

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This reader-friendly book takes a practical approach to caring for the adolescent athlete. Logically organized by joint, the book identifies both chronic and acute injuries in addition to congenital conditions. It details fundamentals, including basic anatomy, joint examination, and patient history. Emphasis is placed on the recognition of injury patterns unique to adolescent athletes and tables are incorporated throughout to assist with diagnosis. This book also highlights return to play guidelines and includes summary pearls. Anatomical photos, x-rays, and MRI scans illustrate all key concepts.

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Editorial Review

Review

From the reviews:

"This book covers the common sports medicine issues encountered in the adolescent population. It is written in standard textbook format, organized by anatomic region. ... intended as a practical guide for physicians who care for adolescent athletes. ... This will be a helpful book in the libraries of pediatric and family medicine residents interested in sports medicine as well as sports medicine fellows. It may also be helpful for orthopedic surgery residents and fellows In general, this is very good book" (James L Moeller, Doody's Review Service, September, 2008)

From the Back Cover

The Adolescent Athlete: A Practical Approach offers keen insight into providing musculoskeletal care for growing athletes. Chapters are logically organized by anatomical region and are written by experts in the field who focus on improved clinical decision making. Intended for sports medicine physicians, primary care physicians, orthopedists, and athletic trainers, the text addresses both chronic and acute injuries in addition to congenital conditions. Fundamentals, including basic anatomy, physical examination, and patient history are covered in detail. Emphasis is placed on the recognition of injury patterns unique to adolescent athletes, and invaluable tables are incorporated to assist with diagnosis. Prevention, patient management, and referral are outlined. The user-friendly book also highlights return to play guidelines and includes summary pearls. To further facilitate comprehensive patient care, musculoskeletal diagnostic imaging and principles of rehabilitation are covered as well. Anatomical drawings, photos of examination maneuvers, and diagnostic images, such as x-rays and MRI scans, complete the text by illustrating key concepts. With its presentation of sought-after information and accessible format, this book is a welcome resource for those who want to improve the musculoskeletal health of active children and adolescents.

About the Author

Lyle J. Micheli, MD, one of the world's foremost authorities on sports medicine, is an associate clinical professor of orthopaedic surgery at Harvard Medical School and director and co-founder of the Sports Medicine Division at Children's Hospital Boston, which is internationally recognized for clinical care and research in pediatric and adolescent sports medicine. Noted as an active clinician and teacher, Dr. Micheli presents at the AAOS, ACSM, and NATA. He has written more than 100 book chapters (contributor to Cole & Malek, Articular Cartilage Lesions) and has co-edited several titles, including the Oxford Textbook of Sports Medicine, 2/e (Oxford, 1998, ISBN 0192627171) and The Sports Medicine Bible for Young Athletes (SourceBooks, 2001, ISBN 1570717109). Dr. Micheli serves on the editorial and advisory boards of more than 20 journals, including Spine and the Clinical Journal of Sport Medicine, and he has published more than 200 articles.

Laura Purcell, MD, received her medical doctorate from McMaster University, one of the world's leading evidence-based practice centers, and completed her pediatric residency at Dalhousie University (Nova

Scotia) and a sport medicine fellowship at Fowler Kennedy Sport Medicine Clinic (Ontario). She is currently a primary care sport medicine physician at Fowler Kennedy and an emergency department consultant at the Children's Hospital of Western Ontario. Dr. Purcell is chair of the Pediatric Sport and Exercise Medicine Committee of the Canadian Academy of Sport Medicine and president of the Pediatric Sport and Exercise Medicine Section of the Canadian Pediatric Society. She has contributed to several publications, including Paediatrics & Child Health, Pediatric Emergency Care, and Paediatric Child Health. An active educator, Dr. Purcell has been invited to speak at symposiums held by the Canadian Paediatric Society and the Canadian Academy of Sport Medicine/Ontario Medical Association.

Users Review

From reader reviews:

Donna Miller:

The publication with title The Adolescent Athlete: A Practical Approach contains a lot of information that you can understand it. You can get a lot of gain after read this book. This kind of book exist new information the information that exist in this book represented the condition of the world right now. That is important to yo7u to be aware of how the improvement of the world. That book will bring you throughout new era of the internationalization. You can read the e-book in your smart phone, so you can read this anywhere you want.

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