



Naked Marriage

By Dr. Corey Allan

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Naked Marriage By Dr. Corey Allan

From the back cover: Many couples have a false notion of what married life truly is - and these rose-colored assumptions tend to heighten expectations to such unrealistic levels that couples find themselves frustrated and feeling alone. What if marriage were designed for a specific purpose? What if some of the problems faced in marriage are not meant to be solved, they're meant to be lived through? Because many people don't understand what marriage is and could be, they hide from each other. To keep the peace, they continue the charades, each spouse reluctantly believing, "I guess this is just how it's supposed to be." Consequently, they refuse to get naked with each other in all of that word's scary yet glorious permutations: emotionally, spiritually, and physically. Naked Marriage encourages you to find yourself and fully reveal yourself, so you and your marriage can become fully alive.

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Editorial Review

About the Author

Dr. Corey Allan is a husband, father, author, speaker, as well as a Marriage and Family Therapist and a Licensed Professional Counselor with a Ph.D. in Family Therapy. He has a private practice in McKinney, TX and is the founder of simplemarriage.net, an online resource aimed at helping marriages not just survive, but thrive. He also has a weekly podcast, Sexy Marriage Radio - a show aimed at heating up the marriage bed. Dr. Allan's primary belief about marriage: It is more about becoming a better human than it is about the two people being happy. So when you keep things simple, you are in a better position to experience more in marriage and life.

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